

## TRANSPORTATION

- **JAUNT:** 296-3184. Regional transportation.
- **City of Promise:** 288-5153. Free Lyft rides for residents of Hardy Dr, 10<sup>th</sup> & Page, and Starr Hill

## DISCRIMINATION SERVICES

- **Legal Aid Justice Center:** 977-0553; 1000 Preston Ave #A. Legal consultation for housing and job discrimination, civil rights, immigration. Offices closed, call for assistance.
- **Central Virginia Legal Aid Society:** 296-8851; 1010 Preston Ave. Legal consultation for evictions, foreclosures, sexual/domestic violence. Not taking walk-ins, call or go online for services.
- **Office of Human Rights:** 218-0756; 106 5<sup>th</sup> St NE. Advocacy, mediation, and investigation of discrimination in housing, employment, and benefits. Office closed, call for assistance. Cville residents only.

## OTHER EMERGENCY SUPPORT

- **Community Resource Line:** 434-326-0950. Call about rent/mortgage aid and other financial concerns.
- **The Haven:** 973-1234, 112 W Market. Day shelter; housing navigation, laundry, showers, etc. Now: guests limited to those actively experiencing homelessness.
- **Home to Hope:** 970-3933, 201 E Market St. For Cville residents recently released to society; resource navigation for food, housing, hygiene, transportation, employment, other.
- **AIM:** 972-1704. Mon-Thu 9-4. Local utility, housing aid. Call Salvation Army for electricity & heat or go online.
- **Love INC:** 977-7777. Emergency financial support and material aid. Offices closed, call for assistance.
- **Crozet Baptist Church:** 973-4281. Call to be connected to local resources.
- **JABA Senior Helpline:** 817-5253. Direct service to older adults and caregivers. Medicare / ACA counseling (all ages), advice on aging concerns, local resource referrals.

## NEED MORE INFO?

Point a phone camera at this QR code here to open a webpage with up-to-date information on the resources listed here, or go to: <https://tinyurl.com/covidresourceguidecville>



SCAN ME!

## VIRGINIA DEPT SOCIAL SERVICES

Apply for Medicaid, SNAP (supplemental nutrition assistance program), TANF (temporary assistance for needy families), and other benefits. Go online ([commonhelp.virginia.gov/](http://commonhelp.virginia.gov/)) or call:

- 1-855-635-4370 to apply for benefits
- 1-855-242-8282 to apply for Medicaid

For other needs, call 970-3400 (Charlottesville) or 972-4010 (Albemarle). Offices are closed to the public.

## LITERACY / GED

- **Thomas Jefferson Adult Career Education (TJACE):** 961-5461. GED prep, family literacy, career readiness training. All programming online, call & leave message to get info. Winter Session begins January 4<sup>th</sup>. Computer is required.
- **Literacy Volunteers of Charlottesville and Albemarle:** 977-3838; 233 4<sup>th</sup> St NW (Jefferson School). Tutoring in reading, writing, English as 2<sup>nd</sup> language, and citizenship. You can meet with staff, check out library materials, use computer. Additional resources online ([literacyforall.org](http://literacyforall.org))

## VETERANS SUPPORT SERVICES

- **VA Medical Center:** 293-3890; 590 Peter Jefferson Pkwy #250. All services & hours unchanged.
- **Supportive Services for Veteran Families:** 804-788-6825. Rapid rehousing & supportive services. Offices closed, call for services.
- **Virginia Department of Veterans Services:** 804-691-4905; 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Offices open but appointment only.

## EMPLOYMENT SERVICES

- **Virginia Employment Commission:** 1-866-832-2363. Call or go online ([www.vec.virginia.gov/unemployed/online-services](http://www.vec.virginia.gov/unemployed/online-services)) to file for unemployment.
- **Goodwill Industries of the Valley:** 1-540-581-0620. Free virtual job training & career coaching. Register online.
- **Downtown Job Center:** 970-3933, 201 E Market St (in library). Currently open by appointment only. Call to schedule.
- **Network2Work 961-5255 and Virginia Workforce Center One-Stop 977-2662:** Both are open and accepting clients
- **Virginia Workforce Connection:** Resume building, job search, interview skills, and more. Go to: [www.vawc.virginia.gov/vosnet](http://www.vawc.virginia.gov/vosnet)

## CLOTHING

- **Salvation Army Thrift Store:** 605 Cherry Ave. Open
- **Eden Ministries:** Free clothing & household items. See Section: Emergency Food for more info. Open.
- **Twice is Nice Thrift Store:** 923B Preston Plaza, open.
- **THRIVE Women's Health:** 220-3777, 1416 Greenbrier Pl. Maternity clothes. Call ahead.
- **Green Olive Tree:** 823-4523. Open 11-4pm Mon, Wed, Thurs, Sat
- **Church of the Brethren:** 973-3639. Call and leave message.

# COVID "STREET SHEET" – Resources in Cville & Albemarle

**Version 8. Last updated: 11/3/20.**

*This is a list of local resources, updated to reflect current operation status during the COVID crisis. All phone numbers are area code 1-434 unless noted otherwise. For up-to-date info, use the QR code to check our webpage.*

## PUBLIC MEALS

- The Haven; 112 W Market; walk-up
- Salvation Army; 207 Ridge St; walk-up
- Keevil & Keevil Kitchen; 703 Hinton Ave; request via [keevilkitchen@gmail.com](mailto:keevilkitchen@gmail.com) or 989-9907. Food is first-come-first-serve now.

	Breakfast	Lunch	Dinner
The Haven	Mon-Sun 7am	Mon-Thurs 12pm-1pm	
Salvation Army	Mon-Sat 7am Sun 9:15am	Fri-Sat 12pm Sun 1pm	Mon-Sat 5:30pm
Keevil & Keevil		Tue-Fri 12pm	

## EMERGENCY OVERNIGHT SHELTER

- **Salvation Army Emergency Shelter:** 295-4058; 207 Ridge St. Men, women, families, children; Call or walk-in 10am-10pm. Will be accepting a limited number of guests.
- **PACEM:** 465-1391; 112 W Market St (office). Will be accepting intakes starting November 3rd, 2020. Please call 434-207-2328 to coordinate entry and receive more information.
- **TJACH Non-congregate Shelter:** Eligibility determined by CDC guidelines for high-risk individuals. Call the Haven (973-1234) weekdays for eligibility.
- **Shelter for Help in Emergency (SHE):** Hotline: 293-8509. Domestic violence shelter. Open to new guests, call hotline.
- **ReadyKids – Runaway Emergency Services:** Hotline 972-7233. Still active.

## EMERGENCY FOOD

- **Emergency Food Network:** 979-9180; 900 Harris St. 3-day supply, 1x/mo. Call 9am-12pm Mon or Fri to request, then pick-up 1:30pm-3:30pm.
- **Loaves and Fishes:** 996-7868; 2050 Lambs Road. 7-day supply, 2x/mo. Call ahead to request. Drive-through pick-up on Wed (2pm-4pm), Thurs (6:30pm-8:30pm), and Sat (10am-12pm). Visit: <http://cvilleloaves.org/> for more information.
- **B.F. Yancey Community Center:** 7625 Porters Rd, Esmont, VA. 4th Fri/mo, 5-7pm. Drive-up, no need to call ahead. See the following link for updates: <https://www.facebook.com/BFYanceyCommunityFoodPantry>
- **The Catering Outfit Helps:** Temporary food pantry for the entire community. They will also deliver food if needed. Mon & Thurs 11am-2pm, pick-up at Atrium (221 Carlton Rd, #8), Cville.

### **Church-based Food Pantries:**

- **Church of the Incarnation:** 465-2671; 1465 Incarnation Dr. Sun 1:30-4pm. Do not need to pre-register.
- **Holy Comforter Catholic Church:** 215 3rd Str. NE. Tues, Wed, 10:30 am-1:30 pm. Walk-up. Call 434-293-8989.
- **Church of our Saviour Episcopal:** 1165 Rio Rd E. Mon & Wed. 10:30-12, Fri 10:30-12, Open.
- **Ministerios Profeticos Palabra:** 1-804-216-0399; 1827A Seminole Trail. Open.
- **St. Paul's Episcopal Church:** 851 Owensville Rd. 3rd Wed/mo. Must reside in Western Albemarle. Open; call 434-295-2156 or (913) 321-8674 to request.
- **Unitarian Universalists:** 717 Rugby Rd. 1st Fri/mo 9-11am (sign-in by 10am). Open, call 293-8179 to request.
- **New Beginnings Christian Community:** 1130 E Market St. Mon, Tue, Fri. 1-4 pm; Sat. 10-2 pm; Closed Wed, Thu, Sun. Open; call 249-5691 to request.
- **Bethany Seventh Day Adventist:** 401 Harris Rd. Text/call 434-806-4899 for dates/more information; (Cville only) delivery or drive-through. Call other days as well for food.
- **Eden Ministries:** 2900 Merrie Meadows Ln, Keswick. 1<sup>st</sup> Sat/mo 9a-noon. Call 973-4068 to schedule other times.
- **Buck Mountain Episcopal Church:** 4133 Earlysville Road, Earlysville, Virginia 22936. Fourth Tuesday/mo 2-4pm; Second Wednesday/mo 4-6 pm. Call 434-973-2054 for more information.

### **Food Delivery Services:**

- **Social Distance Delivery:** Free grocery delivery. Request at [socialdistancedelivery.org](http://socialdistancedelivery.org)
- **JABA Home Delivered Meals:** 817-5253. For low-income folks > 60y unable to prepare meals. Call to determine eligibility.
- **Meals on Wheels:** 293-4364. Hot lunch deliveries to homebound individuals in Cville + most of Albemarle. Call or apply online.

### **Kids:**

- Charlottesville provides breakfast & lunch to any child under 18yrs old. See the following website for pickup/drop-off schedules: <http://charlottesvilleschools.org/food>

## MENTAL HEALTH SUPPORT

- **Region 10:** Mental health, intellectual disability and substance use services. Most services available online, call to get connected. Crisis lines: 972-1800 / 1-866-694-1605. Telehealth intake appointments: 972-1829.
- **On Our Own:** 979-2440; 123 4<sup>th</sup> St NW. Peer-driven mental health and addiction recovery programming. Building closed, hosting virtual support meetings.
- **Teen Crisis Hotline:** 972-7233. Support services for youth, ages 12-18. Office closed, hotline still operating, call hotline to set up online counseling.
- **Women's Initiative:** 872-0047. Counseling and support services for women/transgender women. Free call-in clinic available, see website for hours: [thewomensinitiative.org](http://thewomensinitiative.org).
- **Mental Health Association Virginia Warm Line:** 866-400-6428. Peer-run support line for individuals or concerned others who would like someone to talk to
- **Grief Share:** 800-395-5755. Online support group for coping with loss/divorce. See website for schedule or call.
- **ReadyKids:** 296-4118. Counseling for teens and families, other mental health resources online.
- **Partner for Mental Health:** 977-4673. Effectively closed.
- **Addiction Allies:** (See Substance Use Support)

## SUBSTANCE USE SUPPORT

- **Addiction Allies:** 434-400-9668. Suboxone clinic / medication assisted treatment, online counseling (substance use & mental health) and partial hospitalization. Accepts Medicaid, Private Insurance, and Self Pay. No referral needed, Call or go online.
- **Addiction Recovery Systems - Pantops:** 220-0080. 103 S. Pantops Dr. Methadone & Suboxone treatment center, online counseling. Accepts Medicaid & Medicare. No referral needed. Call for initial screening.
- **Region 10:** See section, Mental Health Support
- **Online addiction peer support meetings,** schedules on websites: **SMART Recovery; Alcoholics Anonymous** (293-6565); **Narcotics Anonymous** (800-777-1515; in-person info at <https://piedmontvana.org>); **Al-Anon** ([cvillealanon@gmail.com](mailto:cvillealanon@gmail.com), 972-7011 hotline); **Al-Ateen** ([senglot12@gmail.com](mailto:senglot12@gmail.com), 972-7011 hotline); **In the Rooms:** [intherooms.com](http://intherooms.com)

## SEXUAL ASSAULT ADVOCACY

- **Shelter for Help in Emergency (SHE):** See section, Emergency Overnight Shelter
- **Sexual Assault Resource Agency (SARA):** Office: 295-7273; hotline: 977-7273. 335 Greenbrier Dr. Resources for sexual assault survivors and bystanders. No walk-ins; video counseling & hotline still active.

## WOMEN'S & FAMILY HEALTH

- **Charlottesville Health Center – Planned Parenthood:** 296-1000; 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Telehealth options also available. Open.
- **Whole Woman's Health:** 973-4888; 2321 Commonwealth Dr. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open.
- **Blue Ridge Abortion Fund:** 963-0669. Funding for pregnant individuals who cannot afford abortions.
- **Donor Diapers:** 214-0345; Garrett Community Center (418 E Garrett St SE). Monthly diaper & wipe giveaways. Next: Nov. 15; Dec. 13 from 2-3:30pm.

## PHYSICAL HEALTH

- **UVA Community Call Line:** 98-COVID, Option 3; M-F 8am-5pm. New call center, connects individuals without a regular doctor to a UVA doctor to discuss non-emergency medical needs (e.g. new symptoms, chronic disease management, medication refill).
- **Charlottesville-Albemarle Health Department:** 972-6269; 1138 Rose Hill Dr. In-person services right now: pap smears, birth control, WIC (women, infants, and children nutrition program) is available by phone request, Naloxone, as well as certain testing/vaccines options are currently operational. Appointment only (no walk-ins). COVID Info: 972-6261
- **Charlottesville Free Clinic:** 296-5525; 1138 Rose Hill Dr. Non-emergency medical care & pharmacy for low-income households. Medical: Telehealth only, call for eligibility. Dental: emergency only, 1<sup>st</sup> come 1<sup>st</sup> serve.
- **Central Virginia Health Services** (Neighborhood Family Health): 227-5624; 901 Preston Ave, Suite 301. Comprehensive sliding-scale medical, dental, & behavioral health, & pharmacy. Still operating, schedule appointments online.
- **Visionworks:** 293-3225, Barracks Shopping Center. Free eye exams for patients with Medicaid. Open.
- **MyEyeDr:** 973-5361, 441 Westfield Rd. This location only: free eye exams with Premier, Aetna Better Health, and MARCH Vision Medicaid. Open.
- **C'ville Community Cares:** Visit the following link for prescription aid: [bit.ly/ccv-pnt](http://bit.ly/ccv-pnt)

## COVID-19 Testing

- **Virginia Department of Health Testing Site Locator:** Visit the following link to find a testing site near you: [tinyurl.com/VA-COVID-TEST-SITES](http://tinyurl.com/VA-COVID-TEST-SITES)
- **For more specific information on COVID-19 testing sites, scan the QR code and visit section 17.**